## **North American HIV Guidelines**



## To allow coverage, we require all of the following:

- 1. Self-disclosed diagnosis
- 2. On HAART (also known as cART or ART) at least 2 years prior to the application date
- 3. Eligible only for ages 30-60
- 4. Viral load undetectable for at least 2 years
- 5. Current CD4 count of 500 or more with stability for at least 2 years
- 6. Medical records available from an HIV specialist to include CD4 and viral loads since HIV diagnosis, or for at least the last 5 years
- 7. Viral loads and CD4 counts must be followed with a frequency of every 3 to 6 months
- 8. U.S. citizenship or residency with complete medical records available for at least the last 5 years

## If any of the following are present, coverage cannot be offered:

- 1. Medical records is not available with this time frame
- 2. Serial lab work from a medical professional is not available
- 3. Lapses in treatment
- 4. Ratable cardiovascular impairment
- 5. Ratable psychiatric history
- 6. Underweight or losing weight
- 7. Abnormal serum protein levels or hypoalbuminemia
- 8. Alcohol or drug misuse or abuse including IV drug use. However, non-ratable experimental, occasional, or intermittent marijuana is acceptable.
- 9. Viral resistance to treatment
- 10. AIDS-defining illness\*\*, infections, or malignancies
- 11. Chronic hepatitis B or C history (included treated)